

PARENT'S AI PLAYBOOK QUICK START GUIDE

Why This Matters

AI is already shaping how our kids learn, create, and interact. Schools are catching up, but parents can guide children to use AI wisely—with curiosity, boundaries, and values.

What Parents Should Know

- AI creates, but doesn't "know." It predicts patterns, not truth.
- It's everywhere. From ChatGPT to YouTube recommendations.
- It's imperfect. Outputs can be biased, inaccurate, or plagiarized.
- Privacy matters. Don't enter personal details into AI tools.

At-Home Support

- Model curiosity: Use AI together and talk about what's helpful or wrong.
- Ask good questions:
 - "When is AI okay for homework?"
 - "How can we check if an answer is true?"
- Try family activities:
 - Compare two AI answers to the same question.
 - Fact-check an AI explanation.
 - Write a story together with half human/half AI input.

Boundaries to Set

- AI should help, not replace learning.
- Use in shared spaces, not alone behind closed doors.
- Be transparent: Kids should share when they've used AI.

Bring in Values

- Emet (Truth): Is the AI output accurate?
- Derech Eretz (Respect): Does using AI honor teachers and self?
- Chochmah (Wisdom): Are we applying knowledge wisely?
- Tikkun Olam (Repairing the World): Can AI be used for good?

Steps Beyond Home

- Ask your child's school about AI policies and teacher training.
- Suggest AI literacy be taught alongside digital citizenship.
- Talk with other parents—share practices and resources.

Remember

You don't need to be an AI expert. Be curious, ask questions, and stay rooted in your family's values. Your guidance will help your child use AI not just effectively—but wisely and ethically.

For more information, see the full Playbook or contact:

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